

live life well

*“Change is inevitable.
It’s also predictable
and this is where the
power lies!”*

-Cindy Willick

THE CHANGE ROOM

**Who am I now? What should I do next? Here again?
How do I get to where I want to go?** If you have ever uttered
these words then it’s time to enter The Change Room!

Join international life and leadership coach Cindy Willick as she
walks you through the 4 Change Rooms of life. Light refreshments
will be served – spaces are limited so sign up early!

Thursday, November 5
6:45pm – 9pm [for a 7pm start]
Solarice Wellness Spas
2200 West 4th Ave (at Yew Street)
\$25 per person

RSVP cindy@cindywillick.com
or call Solarice Wellness Spas at 604.733.5007

payment can be made in advance by calling or visiting the Spa (credit card, debit, cheque)



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www.solarice.com | infovan@solarice.com

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