

live life well



“those
who look
for beauty
find it”

Beauty from the Inside Out

Do you feel beautiful? What does beauty mean to you?
What stops you from seeing your own beauty?

Join us for a women's workshop featuring internationally renowned life & body image coach Cindy Willick. The evening will be one of self discovery, laughter and celebration. Light refreshments will be served and spaces are limited so sign up early!

Thursday, October 1st
6:45pm [for a 7pm start] to 9pm

Solarice Wellness Spas
2200 West 4th Ave (at Yew Street)
Cost: \$25 per person

To reserve your spot: email cindy@cindywillick.com
or call Solarice Wellness Spas at 604.733.5007

payment can be made in advance by calling or visiting the Spa (credit card, debit, cheque)



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www.solarice.com | infovan@solarice.com

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